

GUIDELINES FOR GENERAL PRACTITIONERS

Summary: Designed for general practitioners throughout Australia, this resource provides guidelines for effectively and safely managing individuals who are experiencing problems related to the use of **psychostimulants**, including crystal methamphetamine ('ice').

The guidelines are designed to help general practitioners to:

- Identify patients who may be using psychostimulants, including ice
- Engaging individuals in treatment
- Manage a variety of adverse effects of psychostimulant use, including acute toxicity

Developers: The original guidelines were prepared by Linda Jenner, Amanda Baker, Ian Whyte and Vaughan Carr on behalf of the Guidelines Development Working Party (2004), and were updated in 2007 by Lesley Dawes and Meriel Schultz, Australian General Practice Network on behalf of the Guidelines Review Working Group.

Year: 2007

Costs: Free

Evidence base: This resource has undergone expert review. Refer to the guidelines for full reference list.

[Access the Psychostimulant Guidelines for GPs](#)