

## ONLINE MOTIVATIONAL INTERVIEWING COURSES

**Summary:** These online courses are aimed at practitioners wanting an introduction, or further training, in the methods of Motivational Interviewing (MI). MI is an evidenced-based technique that focuses on increasing motivation to change behaviour. This training may be helpful for keeping individuals affected by [ice \(crystal methamphetamine\)](#) engaged in treatment.

Three different courses are available, depending on skill level:

- **MiOnline:** an introductory course applicable to a variety of settings, including drug addiction.
- **MI in Healthcare Online:** an introductory course specifically suited to practitioners in healthcare settings working with patients who have chronic conditions.
- **Advanced MiOnline:** higher level training for those who already have an introductory level working knowledge of MI.

Courses include online reading material, worksheets, learning exercises, quizzes, video clips, personalised feedback and a certificate of completion.

**Developers:** Pacific Centre for Motivation and Change, Australia.

### Costs:

- MiOnline - \$495 (approximately 15 hours)
- MI in Healthcare Online - \$495 (approximately 18 hours)
- Advanced MiOnline - \$385 (approximately 10 hours)

**Evidence base:** Yes

[Click here to access the resource](#)