

WEBINAR: HOW CAN PARENTS AND SCHOOLS PREVENT DRUG RELATED HARMS?

Summary: This webinar will be useful for parents, carers, teachers, and anyone else who works with young people in school communities. The use of illegal drugs and alcohol in the teenage years is associated with a greater risk of related problems in adulthood. This webinar presents research examining the consequences of early substance use for adolescent development and wellbeing, highlighting the potential of school-based prevention programs to significantly reduce the short and long-term harms associated with teenage drug and alcohol use. Various approaches to school-based prevention will be discussed with a focus on evidence-based practice. Attendees will learn how to find and access reliable prevention resources online and will be introduced to specific prevention programs that are proven to reduce drug related harms and increase wellbeing among young people.

Developers: This webinar was originally developed for the Positive Choices Webinar Series. It was written and presented by Dr Nicola Newton and Dr Lexine Stapinski from the National Health and Medical Research Council Centre of Research Excellence in Mental Health and Substance Use at the National Drug and Alcohol Research Centre at the University of New South Wales (now the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney).

Year: 2015

Costs: Free

Evidence base: This resource has undergone expert review. Refer to webinar handouts for references and more information.

[Watch the drug prevention webinar for parents and schools](#)